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Dear Friends,

We send a heartfelt thank you for your kindness and generosity this year.

Kansas City is one of the most philanthropic cities in the nation, and we believe in taking care of our fellow citizens. Just like a stone thrown into a stream, your support of Truman Medical Centers (TMC) has a ripple effect in our community. It makes a difference in the lives of our patients and their families.

In the last fiscal year, TMC provided over $120,000,000 in uncompensated care. Using state of the art equipment, our world class doctors, nurses and staff deliver excellent, compassionate healthcare to everyone who walks in the door.

In this year’s Gratitude Report, we invite you to see how your philanthropy inspires and impacts this excellence. We are grateful for your dedication to TMC and truly believe excellence begins with you.

With Gratitude,

Karlyn Wilkins
Executive Director
TMC Charitable Foundation
Dear Friends,

We are honored and proud to have donors and friends like you who support Truman Medical Centers. Every penny of support from you ensures TMC remains a place of hope, healing and compassion for our community.

In this year’s Gratitude Report, read more about the personal treatment, healing artwork and necessary equipment that your kindness and benevolent spirit inspires.

Discover the bountiful difference your charitable gifts to TMC have made in the top quality care our patients receive.

Many thanks for your continued support,

Michelle deSilva
Chair
TMC Charitable Foundation Board of Directors

You probably know by now that Truman is Kansas City’s Essential Hospital. TMC is a health system Kansas City couldn’t do without, and you should be proud of that. Thanks to your generous support, we are able to provide the same quality care for those who could choose any health system, and those who have nowhere else to turn. As the primary teaching hospital for UMKC, our staff also trains some of the finest clinicians practicing around the metro and across the country. Your dollars are making a real difference.
About TMC

With a rich history dating back to General Hospitals I and II, Truman Medical Centers has served Kansas City for over a century. Today, TMC provides care from birth through senior years in two acute care academic hospital locations, a behavioral health program, a long term care center and multiple primary care practices.

The TMC Charitable Foundation’s **mission** is to **transform** the health and wellness of our **COMMUNITY** through **philanthropy** by raising funds and friends for the **BENEFIT** of Truman Medical Centers.

**PURPOSE OF THE GRATITUDE REPORT**

Every year we have a chance to reflect on the charitable nature of our community and express our appreciation for your partnership and goodwill. In our annual report, we aim to demonstrate the positive real-life impact of your generosity. That is why gratitude remains the underlying theme in our annual report.

All of us at TMC are grateful for your kindness.

We are grateful.
At the TMC Charitable Foundation, we raise funds for the benefit of Truman Medical Centers. Through our special events, we meet and mingle with you – our friends, loyal supporters and kindhearted donors.

In Fiscal Year 2015, we raised over $375,000 at three signature events.

**Eat Your Art Out**

Full stomachs and open hearts at the November 3, 2014, Eat Your Art Out event raised vital funds for TMC Behavioral Health. TMC is a leading provider of mental health and substance abuse treatment services. Your contribution enables the Behavioral Health staff to pursue educational opportunities.

**Fashion for a Cause**

Everyone who donned their most stylish attire at Fashion for a Cause on April 17, 2015, helped us support our tiniest patients. Your generosity in 2015 enabled TMC to purchase six Omni and Giraffe isolettes – state-of-the-art incubators – for the Neonatal Intensive Care Unit.

**Golf Baby Golf!**

All of those birdies, bogeys and pars made on June 12, 2015, at Golf Baby Golf! have helped TMC Lakewood hospital address its most immediate needs. The funds benefited the dental program, long-term care facility, women’s health clinic, and neonatal intensive care unit.

We are also proud to announce that The Independent will honor Golf Baby Golf! as one of the Top Five Golf Tournaments of 2015. We send a heartfelt thank you to all of our sponsors, teams and volunteers who made this honor possible!
A HOME AWAY FROM HOME
New Parents Express Gratitude for Neonatal Intensive Care Unit

As an artist, Sara Larson-Harding conveys her world through her paintings. The vibrant landscapes she creates are dynamic and soothing. Five of Sara’s works are prominently displayed on the second floor of TMC’s University Health Building and on the sixth floor of Hospital Hill as part of our Healing Art Galleries program.

Each painting holds a special meaning and importance to Sara, but none more so than her work entitled Oak Hill. She donated this painting as a way of expressing her gratitude for TMC’s Neonatal Intensive Care Unit (NICU) staff. The painting symbolizes the great care her premature twins received from each doctor, nurse and therapist in our NICU.

Houston and Hazel arrived quickly in May of 2015, eight weeks premature, and required transport from Warrensburg, Missouri, to Kansas City to receive special care. The twins arrived at TMC’s Level III NICU weighing only three pounds and 14 ounces. Sara remained an hour away in her local hospital to recover.

Now, eight months later with two healthy babies, Sara and her husband Scott reflect on their experience positively and with big smiles. “We’re so happy that we ended up at TMC and they had room for us. We loved the staff!” exclaims Sara.

After her release from the hospital, Sara and Scott traveled to TMC every day to care for their twins. The NICU nurses patiently showed the new parents how to bathe them, change diapers in the incubators, take their temperature, and feed and clothe them.

“We loved getting to know so many nurses,” shares Sara. “We knew our babies received great care and love in our absence.”
Houston and Hazel faced tough challenges at the beginning of their stay. Both spent their early lives in incubators and had to use a nose strip and oxygen machine to breathe properly.

Being premature, they had to learn to eat earlier than most babies. At first, they drank milk through tubes and eventually graduated to bottles, moving from 10 milliliters (mL) up to 30 mL and finally to 55 mL. That’s just shy of two ounces!

Sara describes the experience as frustrating and sometimes difficult to handle. During every feeding time and whenever needed, the NICU nurses provided support and encouragement to the Harding family. They explained technical terms, interpreted machine beeps and answered all of their questions, making the Hardings feel at home and at ease.

After 36 days in the NICU, Hazel and Houston joined their parents in one of TMC’s postpartum rooms for two days. Sara and Scott prepared to take their family home, receiving constant reassurance and comfort from the nurses.

The Hardings are home in Warrensburg, all doing fine. Every few months they visit Kansas City for check-ups and always take a moment to reflect on their positive experience at TMC.

Sara Larson-Harding donated her work entitled Oak Hill as a way of expressing her GRATITUDE for the great care her premature twins received from TMC’s NICU.

SHARING LAUGHTER

Sara and Scott’s parents, friends and family filled the NICU waiting room, awaiting their turn to see the twins. They encountered many other families feeling the same range of emotions from nervousness to excitement to fear to relief. However, kindness and laughter always seemed to bring the groups together. Sara recalls her dad playing hide-and-seek with a little girl who spoke no English. While they could not communicate verbally, the pair would giggle uncontrollably and smile wide as they hid behind chairs or covered their eyes.
Comfort and quality of life are paramount to the Lakewood Care Center’s mission.

Residents of the long-term care center, located within TMC Lakewood hospital, receive needed therapy, medical treatment and personal care with opportunities for social interaction.

In 2015, through a generous grant from the George H. Nettleton Foundation, TMC added four therapeutic bathtubs to the center. With the tubs the staff now has an expanded ability to provide treatment that is more enjoyable and comfortable for residents.

The combination of hot water and the motion from the whirlpool jets helps promote good blood flow and improves circulation. This also soothes joint and arthritis pain.

In addition to the physical benefits, the tubs offer a way to reduce residents’ anxiety, agitation and stress. The whirlpool has a calming effect similar to wrapping oneself in a warm blanket. Using the tubs to deescalate emotions is safer for both the staff and the resident.

The easy-to-use nature of these ArjoHuntLeigh “Freedom Bath” tubs makes it feasible for nurses to incorporate them into daily treatments. Residents feel more confident getting into these new tubs with their state-of-the-art features. If they are able to walk on their own, residents can even get into the tubs themselves and regain a sense of independence.
INNOVATIVE TREATMENTS WITH OUTSTANDING OUTCOMES

As the long-term care industry evolves, Lakewood Care Center discovers innovative ways to use the bathtubs for therapy. The tubs allow them to provide personalized treatment for every resident.

Individuals with Huntington’s disease, a neurodegenerative genetic disorder, experience constant muscle spasms throughout their body. Physically, the disorder affects coordination and causes jerky, involuntary movement of limbs.

Medication can relieve some of the discomfort and lessen the severity of the body movements, but patients rarely feel complete relief from the spasms. After installing the tubs, TMC staff wanted to see if the tubs could provide any further respite for their residents with the disease.

Using the tubs for 20 minutes with the therapeutic whirlpool jets turned out to be a huge success. The staff heard a chorus of “I love it! I love it!” For a brief period of time during the session, the involuntary body movements stopped. Just those few minutes provided Huntington’s disease patients relief and a peacefulness and calm not felt in years.
BEAUTIFUL DISTRACTIONS

As patients hurriedly walk to the Radiology Department at TMC Hospital Hill, they pass a large textile artwork entitled Aqua Interruptions. Some stop to take a closer look and some just give it a glance, their minds preoccupied. Feelings of fear, tension and anxiety often accompany them as they head to have an image taken.

Debbie Barrett-Jones, the creator of Aqua Interruptions, hopes her work provides a sense of calm and rest to those who walk by, even if only for a brief moment. Medical Imaging graciously donated this textile artwork to TMC.

The back and forth, back and forth noise that the loom makes as Debbie weaves her scarves and wall hangings provides a meditative experience. Those trance-like moments allow her to step away from everyday worries and fears, and she feels herself relax.

In much the same way, Debbie wants her wall hangings to inspire contemplation. She creates them to serve as beautiful distractions, evoking quiet and peace during a time of chaos for all who see them – patients, visitors and staff alike.

Born with a desire to help others, Debbie believed her path in life involved becoming a nurse. She soon recognized nursing was not her calling, and, though crushed by that realization, she found a new life and energy working with textiles. She discovered that she could still fulfill her mission of healing as a weaver.

“He people can be worked up, angry, confused, and frustrated when they’re in a hospital,” explains Debbie. “My wall hangings can help calm them, no matter their background, ethnicity, income level, or interests. They’re for everybody.”

Debbie also enjoys working with fabric because it provides a sense of familiarity. We are surrounded by textiles and fabric, and the softness of the yarn evokes a sense of warmth and coziness. We all have our favorite blanket, worn-out t-shirt or scarf that makes us feel more secure.

Aqua Interruptions and three more of Debbie’s textile pieces hang in our TMC hallways as a part of the Healing Art Galleries. You will find paintings, photographs, ceramics, sculptures, and other artwork throughout all three of our campuses: TMC Hospital Hill, TMC Lakewood and the Behavioral Health Healing Canvas.

HEALING THROUGH ART

Through the Healing Art Galleries, TMC seeks to inspire, promote healing and uplift the spirit of all who enter our hospitals. Over a decade old, this curated collection of artwork includes over 400 permanent pieces and nearly 300 loaned items on display at any given time. Each piece of artwork has been acquired through donations or grants.

Much like Debbie Barrett-Jones, the over 100 artists featured in our Healing Art Galleries, have a desire to create a peaceful and soothing environment for all who enter. We are proud and grateful to offer such a welcoming experience for our patients, guests and staff.

*Paintings at right donated to TMC by artist Jean Howard.*
DEBBIE BARRET-JONES exhibits her work throughout the country, creating custom colored hand-woven decorative wall hangings for homes, businesses, churches and hospitals. To learn more about Debbie and her art visit www.debbiebarrettjones.com.
PIONEERING RESIDENT EDUCATION
Orthopedics Department Introduces Arthroscopic Virtual Surgery Simulator

As the primary community teaching hospital for the UMKC School of Medicine, Truman Medical Centers lives its commitment to educating future generations of doctors. TMC is pioneering resident education through the orthopedic surgery department.

The orthopedic residency program stands as one of the oldest in the nation and offers students opportunities to learn in all of the adult orthopedic specialties. In late 2014, TMC opened a Surgical Skills Lab that residents access 24 hours a day to learn, practice and refine their orthopedic surgery skills.

With a generous gift from the Hall Family Foundation in 2015, TMC introduced the metro area’s first arthroscopic virtual surgery simulator. This simulator brings a new level of realism to the lab.

“We are trying to create the safest environment possible for learning,” shares James W. Bogener, MD, an orthopedic surgeon and Surgical Skills Lab Director. “Our residents make mistakes in the lab and learn from these mistakes before going into the operating room.”

The virtual simulator replicates the most common arthroscopic procedures an orthopedic surgeon will perform on the knee and shoulder. It allows practice with actual instruments used in the operating room so residents get a feel for their weight, size and shape.

With life-like knee and shoulder structures, residents learn how to maneuver the scope or camera and how much force to use inside the joints. Dynamic in nature, the simulator responds to the user’s actions and presents real complications such as bleeding.

Previous modes of teaching orthopedic surgery skills required the one-time use of a model or a structure. However, this virtual simulator allows thousands of uses from many residents and also tracks their progress over time.

First through fifth year residents graduate from simply getting a feel for the instruments to refining their surgical skills. “We can study how long it should take to complete a task and how many repetitions and what scores are needed to perfect a task,” says Dr. Bogener.

TMC now has a unique opportunity to participate in research consortiums with data collected from the simulator. By pooling this data with other research institutes in the Midwest, the goal is to produce evidence-based research that may help decide if a surgeon is safe for the operating room.

“AT TMC, OUR PRIMARY GOAL is delivering the absolute best care with the highest amount of patient safety,” states Dr. Bogener. The arthroscopic virtual surgery simulator enables the orthopedic department to fulfill this mission.
PHILANTHROPY INSPIRES EXCELLENCE

As Kansas City’s essential hospital, Truman Medical Centers provides excellent healthcare to everyone in need. As an academic medical center, TMC teaches the next generation of clinicians.

Accomplishing both goals requires the state-of-the-art equipment that supports the latest advancements in healthcare. It is often through philanthropy and generous contributions of our supporters that we receive this vitally-needed equipment.

In fiscal year 2015, with gifts from the Hall Family Foundation and the Menorah Legacy Foundation, the surgery department received top of the line laparoscopic surgery equipment.

Laparoscopic operations make up nearly one third of all surgical procedures that TMC Hospital Hill surgeons perform in a day.

With financial support from our community and loyal friends, TMC continues to deliver quality healthcare, adhering to a high standard of excellence.
WILLIAM VOLKER HERITAGE SOCIETY

Through planned giving, many have established a legacy for generations to come and are helping to sustain TMC’s excellence. Their gifts will benefit the community even after their lifetime.

For many years, Richard Yandell, a Kansas City resident, considered Truman Medical Centers his primary hospital. He received care and underwent treatment at TMC, noting the kindness, expertise and compassion of each clinician and staff member.

A grateful patient, Richard designated his home and one of his life insurance policies to the TMC Charitable Foundation in his estate plan. He wanted his gift to directly support patients who face chronic illness.

Richard’s gift will help TMC, in fiscal year 2016, purchase a new piece of pulmonary equipment for early diagnosis of spots on a person’s lungs. Individuals and their families will no longer have to agonize for six months waiting for a diagnosis and worrying if the spot is cancerous.

Richard’s generosity will benefit thousands of patients and make a far-reaching impact at TMC and in Kansas City.

SOCIETY MEMBERS

We count among our loyal friends members of the William Volker Heritage Society. Just like William Volker, a philanthropist who enhanced hospitals, schools and the KC community in the early 20th century, these individuals have included TMC in their estate plans.

In 1979, through a gift from Volker’s estate, we created and registered the TMC Charitable Foundation, a 501 (c) (3) organization to support the hospital.

There are many planned giving options available, including designating only a portion of an estate. We are grateful for every gift and will happily discuss them with you.

Contact the TMC Charitable Foundation at 816.404.3430 for more information.
WILLIAM VOLKER HERITAGE SOCIETY MEMBERS

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*Deceased
The Touchstone Society honors lifetime giving by individuals, businesses, foundations and organizations to the TMC Charitable Foundation. Every society member has generously given cumulative cash gifts of $25,000 or more.

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*Deceased
**HONOR ROLL OF GIFTS**

Donations from you, our loyal supporters and community partners, inspire the excellence that TMC delivers every day. You join generations before you who have graciously supported TMC and its mission to provide quality healthcare to all in need.

Donors to TMC Charitable Foundation between July 1, 2014, and June 30, 2015, are listed by level of giving.

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